

Menu – Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Vita Brits & Milk Butter Sandwiches	Vita Brits & Milk Butter Sandwiches	Vita Brits & Milk Butter Sandwiches	Vita Brits & Milk Butter Sandwiches	Vita Brits & Milk Butter Sandwiches
Morning Tea	Fruit Platter and Milk	Milk, Raisin Toast, Sliced Cheese	Fruit Platter and Milk	Fruit Platter and Milk	Milk, Challah, Natural Yoghurt and Berries
0-12 months	Puree	Oats and Puree	Yoghurt	Puree	Yoghurt
Lunch	Tuna Pasta Bake Sweet Potato and Potato Wedges	Cous Cous with Vegetables	Corn Fritter with Mashed potatoes, Vegetable platter	Tofu & Vegetable stir fry with wholegrain pasta	Grilled Cheese And Tomato Soup
0-12 months	Sweet potato and Potato Mash	Cous Cous with Pureed Veges	Mashed Potatoes with Corn	Pureed vegetables and tofu	Tomato Soup with cheese
Afternoon Tea	Pita bread with Cream Cheese and Avocado	Blueberry Muffins	Cottage cheese with Rice Crackers and Vegetables	Banana Bread and Sliced Cheese	Hummus and Vege Sticks